

## **Durham University Nursery Menus**

Inspiring the extraordinary

| Week 1   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|--|---|---|---|
| Snowdrops alternative:   |  |  |   |   |   |
| * babies will<br>have yoghurt or<br>fruit puree for<br>pudding each<br>day |  |  |   |   |   |
|  | Main:  | Starter:   | Main:   | Main:   | Starter:  |
| Lunch  | Fish in a white sauce, new potatoes, cauliflower and peas  Pudding:  Banana and blueberry cake | Baked cauliflower tots  Main:  Chicken pie, baby potatoes, cabbage and sweetcorn | Pork meatballs in a tomato sauce with brown rice and broccoli  Pudding:  Chocolate brownies | Lamb shepherds pie with diced swede and peas  Pudding:  Ginger sponge and custard | Cheesy garlic bread  Main:  Pasta bolognese and baton carrots |
|  | Main:  | Main:  | Main:   | Main:   | Main:   |
| Теа  | Macaroni cheese  | Bagel and cream cheese with cherry tomatoes                                      | Mackerel on toast   | Jacket potato with beans  Pudding:  | Egg sandwiches with cucumber sticks                           |
|  | Pudding:   | Pudding:   | Pudding:  | Fresh fruit   | Pudding:  |
|  | Fresh fruit  | Gingersnap biscuits  | Oat cookies   |   | Fresh fruit   |
|  | Po   | *11  |   |   |   |



Milk 🚾 Eggs 🕶 Fish Nuts 👨 Mustard 🔓 Sesame 💼 Lupin

































Sulphur dioxide or sulphite's Mollusc Crustaceans Peanuts







\*\* PLEASE NOTE\*\* To meet the needs of children with allergies and dietary needs, a suitable alternative will be offered.



## **Durham University Nursery Menus**

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| Week 2   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|---|--|--|---|
| Snowdrops<br>alternative:  |   |   |  |  |   |
| * babies will<br>have yoghurt or<br>fruit puree for<br>pudding each<br>day |   |   |  |  |   |
|  | Starter:  | Main:   | Main:  | Starter:   | Main:   |
| Lunch  | Cheese straws  Main:                            | Fish and vegetable tomato bake and new potatoes               | Mince, boiled potatoes potato, swede and carrots     | Onion bhajis  Main:                              | Lamb burgers, mashed potato, peas and gravy     |
|  | Ham and mushroom pasta carbonara                | Pudding:<br>Cherry flapjack                                   | Pudding: Pear crumble and custard                    | Mango chicken curry and brown rice               | Pudding:<br>Ice cream                           |
|  | Main:   | Main:   | Main:  | Main:  | Main:   |
| Tea  | Toasted teacakes with jam  Pudding: Fresh fruit | Curried chicken filled pitta  Pudding:  Chocolate crispy cake | Leek and potato soup and bread  Pudding: Fresh fruit | Cold tuna pasta  Pudding:  Chocolate chip cookie | Jacket potato and cheese  Pudding:  Fresh fruit |





















Lupin







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## **Durham University Nursery Menu**

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| Week 3   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|---|--|---|--|--|
| Snowdrops alternative:  * babies will have yoghurt or fruit puree for pudding each day |   |  |   | Tea — ham sandwiches and cucumber sticks   | Tea — rice cakes, grated cheese and grated carrot  |
|  | Starter:  | Main:  | Starter:  | Main:  | Main:  |
| Lunch  | Naan fingers with yoghurt<br>and mint dip<br>Main:  Beef curry and rice | Irish stew, new potatoes, cauliflower and gravy  Pudding:  Yoghurt and fruit puree | Carrot flapjack  Main:  Turkey pasta bake, sweetcorn and peas   | Fish and cheddar cheese croquettes, sweet potato wedges and baton carrots with a white sauce  Pudding:  Rice pudding | Pork dinner, mashed potato, peas, cabbage and gravy  Pudding:  Pear and vanilla upside down cake and custard |
|  | Main:   | Main:  | Main:   | Main:  | Main:  |
| Tea  | Vegetable soup  Pudding: Shortbread finger                              | Spaghetti hoops on toast  Pudding: Fresh fruit                                     | Jacket potato and tuna<br>mayonnaise<br>Pudding:<br>Fresh fruit | Ham sandwiches and pepper<br>sticks  Pudding:  Oat and sultana cookie  | Cream crackers, sliced cheddar and carrot sticks  Pudding: Fresh fruit                                       |



Sulphur dioxide or sulphite's





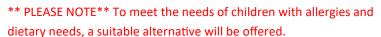
Crustaceans













## **Durham University Nursery Menu**

Inspiring the extraordinary

| Week 4   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|---|--|---|---|
| Snowdrops alternative:   |   |   |  |   |   |
| * babies will have natural yoghurt or fruit puree for pudding each day |   |   |  |   |   |
|  | Starter:  | Main:   | Starter:   | Main:   | Main:   |
| Lunch  | Potato and vegetable croquettes  Main:  Vegan mince chilli con carne and rice | Turkey goulash, sweet potato mash roast carrots and courgettes  Pudding:  Peach crumble and custard | Garlic baguette  Main: Beef lasagne and broccoli | Corned beef pie, mashed potato, cauliflower and gravy  Pudding:  Cornflake tart and custard | Creamy fish pasta and peas  Pudding:  Yoghurt and fruit puree |
|  | Main:   | Main:   | Main:  | Main:   | Main:   |
| Tea  | Ham and pineapple pizza  Pudding:   | Tuna wraps  Pudding:  Flapjack  | Beans on toast  Pudding:  Vachunt                | Cheese and chive scone and cucumber sticks  | Tomato soup  Pudding:  Chocolate crispy cake                  |
|  | Fresh fruit   | , iapjaci   | Yoghurt  | <b>Pudding:</b><br>Fresh fruit  | Chocolate crispy cake   |



Cereals containing gluten 🦑 Soya 🕻 Celery 🖫 Milk 🔬 Eggs 📻 Fish 🗞 Nuts 🙇 Mustard 🧁

























Sulphur dioxide or sulphite's Mollusc





Crustaceans





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