

Welcome to MSc Management Taster Module - Consulting

April 9th, 2025

**Durham University
Business School**

Prof. Onno Bouwmeester

Pathway Leads - Management Consulting Pathway

Professor Onno Bouwmeester



Professor Julie Hodges



Our new home!



Dr Saadat Saeed
Programme Director
MSc Management

My Background

Professor of Consulting and Business Ethics, DUBS

- 6 year consultant at **KPMG**, NL
- 15 year lead and founder of MSc Consulting, VU, NL
- Director VU Knowledge Hub for Consulting and PSF, NL
- Pathway lead MSc Management - Consulting, DUBS

Three books, many articles mostly on **consultants'**

- Ethics: consultant expertise, pressuring leadership, etc.
- Dirty work: work stress, uncertainties, work-life balance
- Rhetoric: legitimizer roles, rigor & relevance



During the Master in Management Webinar: Taster Module - Consulting

Please

- Turn your camera on during the session if you feel comfortable to do so
- Mute yourself when you are not talking
- Type any comments or questions in the chat
- OR raise your hand when you have something to say

Agenda

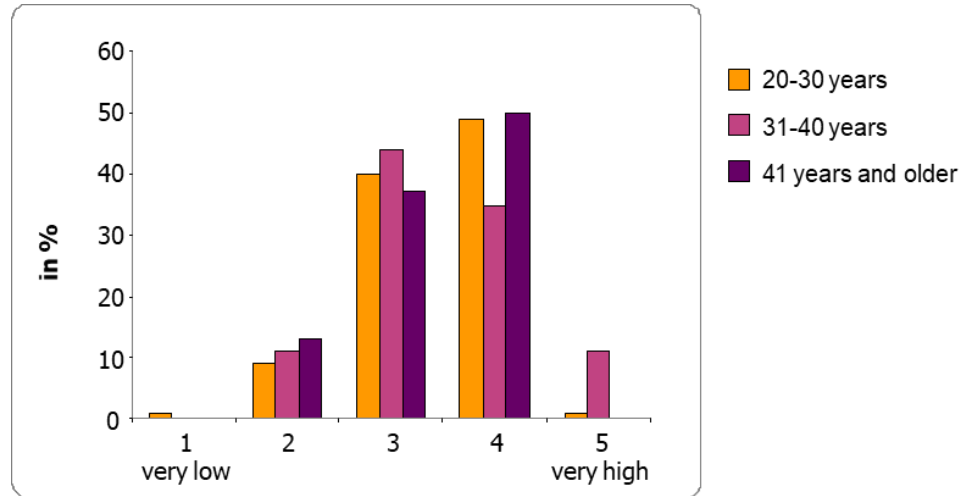
- Lecture - Work-Life Balance in Consulting
- Some information on the Consulting Pathway

Work-life balance in general

- What does WLB mean?
 - > Not very clear - opposite of « work-life conflict »
- Idea of “balance” is hard to define
 - > No objective norms, like ‘40 hours workweek’
 - > For some it is less, for others it is more
 - > WL Integration and separation strategies to improve balance
- Need for a subjective take on « work-life balance »
 - > WLB as **perceived** by individuals

Work-life balance in consulting: cliché's

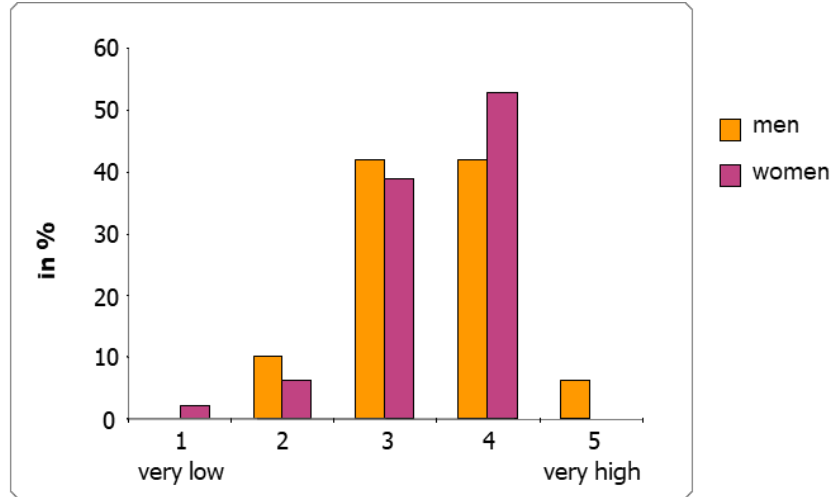
No problem for juniors ...



Age-related work-life conflict of consultants (Kaiser et al. 2011)

Work-life balance in consulting: cliché's (2)

No problem for men...



Work-life conflict of consultants according to gender (Kaiser et al. 2011)

Work-life balance: Quotes from consulting firms

Stress and work-life conflict perceptions are closely linked

- Still, consultancies end up high in rankings of the best companies to work for

 **accenture**

By **supporting work-life balance efforts**, mentorship programmes and support networks, management can help ensure that employees can keep their eye on the ball and **maintain a passion for work.**



You should be able to have a fantastic career and a full-life and do it in a way that works for you”

McKinsey&Company

Work-life balance: How to control the conflict

- Via **normative control** in consultancies
 - Control in knowledge-intensive environments targets «**ideas, beliefs, values and identities**» (see Bouwmeester et al. 2021; Kärreman and Alvesson 2009; Noury et al. 2017)

There is a discourse around **personal development** stressing values like:

- Ambition, delivery, hard work, learning, career and promotion

VS. discourse around **work-life balance** stressing **autonomy** with values like:

- Resisting the dangers of working too much, appreciation of leisure
- **Resistance gets neutralized:** much talk about WLB, not much change...

Work-Life conflicts: the dutch consulting context

See: Bouwmeester et al., (2021): interview study with 24 millennials; 12 from Big 4; 12 from Big 3

WL Conflicts due to

- **Project dynamics**
 - Timing (deadlines, duration) and location (close by/abroad)
 - Nature of the work (not always relevant, not predictable)
 - Client expectation, demands
- **Industry pressures**
 - Performance standards in consulting, flexibility demands, business unit demands
- **New technologies**
 - Constant availability, increased connectivity, more interruptions

Strategy 1: normalizing the conflict

Normalization of “consulting work-life” by

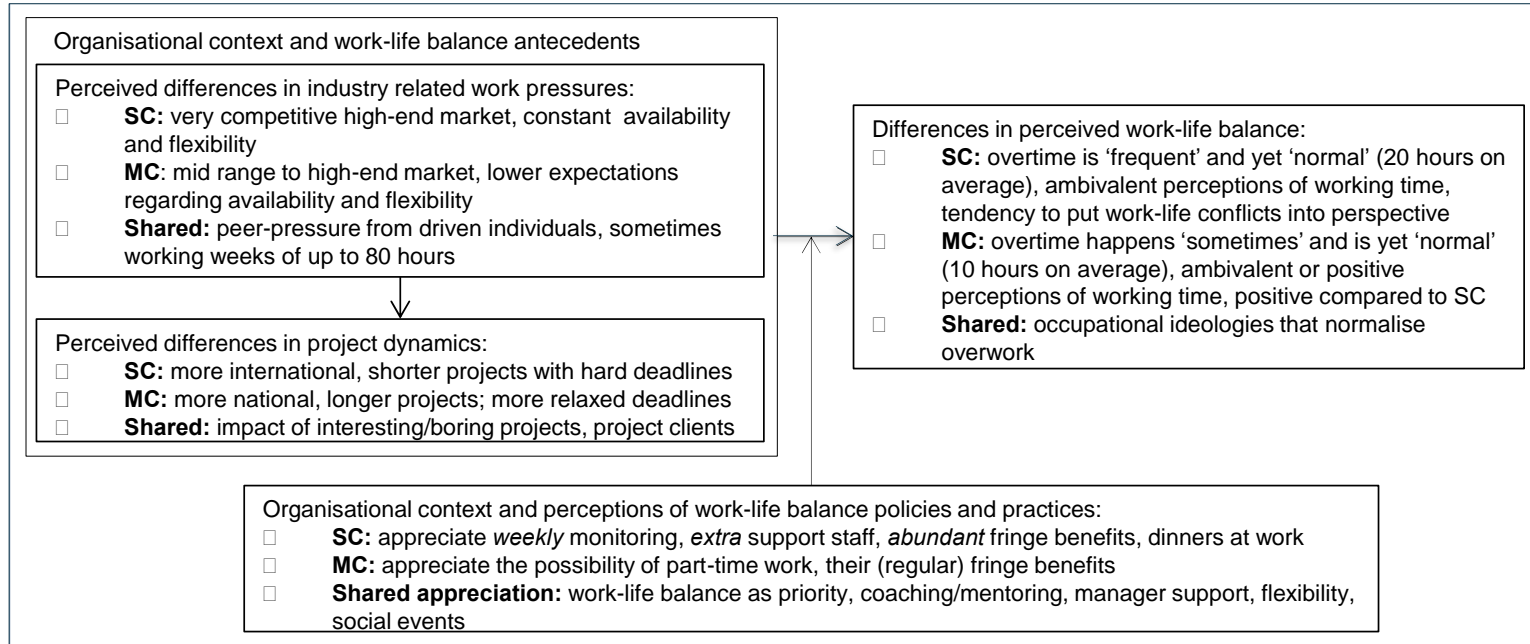
- **Recalibration:** “Consulting is like this, this is what clients expect” and, “in our field 60 hours is a very common working week” or:
 - SC12: “60 hours is doable, 70 is too much”
- **Refocussing:** “It’s hard yes, but this way I also learn a lot” or:
 - SC2: “you can finish a lot of work when being abroad”
- **Reframing:** “in the light of your career the long working weeks *now* will pay off *later*” or:
 - MC4: the project is so interesting, it changes the perception of overworking
- The ‘**Dirty work**’ experience of WLC is ‘softened’ by normalization tactics
 - It is an individual coping strategy, but socially supported: you get used to think this way

Strategy 2: Work-life balance policies in SC/MC

In addition many organizational policies!

	Times mentioned	
	Big 3/ strat.	Big 4/ MC
• Workhours (average per week)	60	50
• Supportive practices		
– Prioritising work-life balance, supported by manager, coach or mentor	24	19
– Monitoring (health, well-being)	11 (weekly!)	4
– Training programmes	2	8
• Compensatory practices		
– Giving back flexibility or extra time off	17	15
– Fringe benefits, support staff, social events	14	12

Work-life balance: strategy vs management consulting



See also Kaiser et al. (2011): German WLB study; Noury et al. (2017): French WLB study

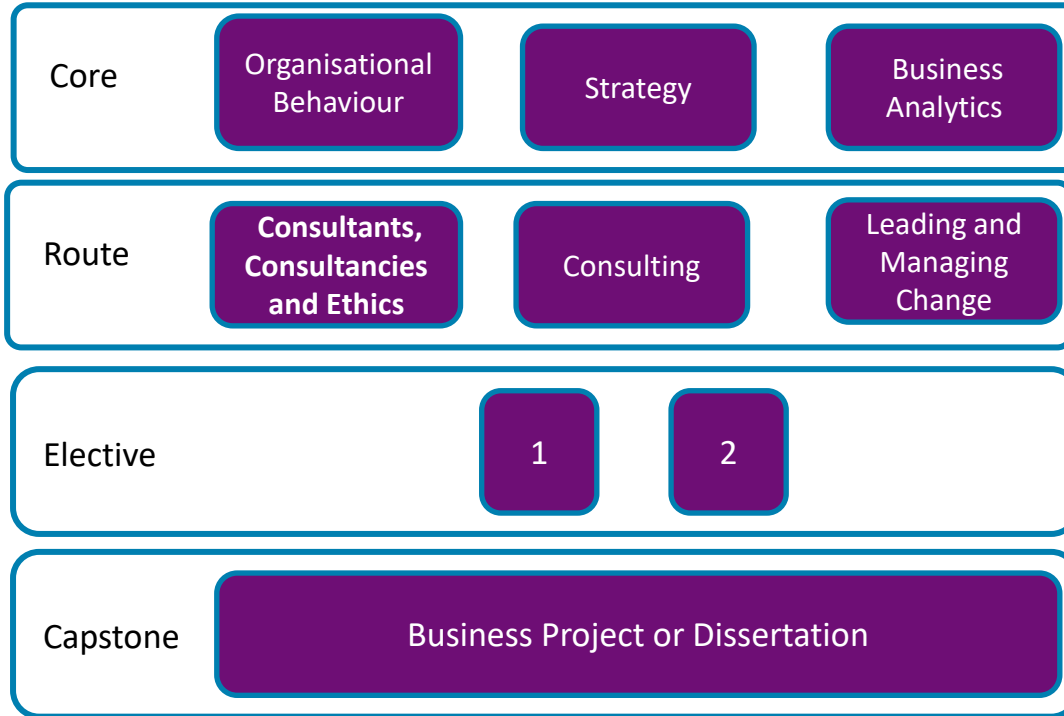
Work-life balance: used sources and further readings

- Bouwmeester, O., Atkinson, R., Noury, L., & Ruotsalainen, R. (2021). Work-life balance policies in high performance organisations: A comparative interview study with millennials in Dutch consultancies. *German Journal of Human Resource Management*, 35(1), 6-32.
- Bouwmeester, O., Versteeg, B., van Bommel, K., & Sturdy, A. (2022). Accentuating dirty work: Coping with psychological taint in elite management consulting. *German Journal of Human Resource Management*, 36(4), 411–439.
- Kaiser, S. Reindl, C. Stolz, M.K & Ringlstetter, M. (2011) Managing work-life balance in consulting organizations: issues and results. In IPOB (ed.) *The future of knowledge-intensive service work : Theory and practice of managing human and organizational resources*. Marburg, Metropolis : 243-294
- Kärreman, D., & Alvesson, M. (2009). Resisting resistance: Counter-resistance, consent and compliance in a consultancy firm. *Human relations*, 62(8), 1115-1144.
- Muhr, S. L., & Kirkegaard, L. (2013). The Dream Consultant: Productive Fantasies at Work. *Culture & Organization*, 19(2), 105–123.
- Noury, L. C., Gand, S., & Sardas, J-C. (2017). Tackling the work-life balance challenge in Professional Service Firms: the impact of projects, organizing and service characteristics. *Journal of Professions and Organization*, 4(2), 149–178.

MSc Management (Management Consulting)

Programme structure at a glance

Career & Professional Development



Choose two from the list of electives available, for example* :

- Change Management
- Employee Reward Strategy
- Decision Making and Business Option Modelling
- Global Business
- Financial Management
- Multinational Finance
- International Study Tour
- New Venture Creation
- Responsible Business
- Artificial Intelligence and Digital Transformation

* Subject to change

Structure of teaching

- **Lectures & Seminars** (may need some advance preparation)
 - Practical Application and Experiential Learning
 - Interactive and Collaborative Learning Environment
 - International Exposure
 - Research-Led Teaching – [See this taster module](#)
 - Skill oriented curriculum
- **Assignments** depending on module - may be single or multiple, individual or group; essay, report or presentation
 - Formative vs Summative
- **Exams** (depending on module)
- A research **dissertation** or business **project** (summer)

Experiential and Interactive Learning



Julie Hodges • 1st
Professor @ Durham University Business School / Expert in People-C...
2w • Edited •

This afternoon during the **#MSc** module on Leading and Managing Change at **Durham University Business School** we had the great pleasure of welcoming **Mark Crabtree** who shared his experience of working with organisations facing business transformations. Mark discussed deficit biases and how he uses **#Appreciative Inquiry** to get managers and leaders to consider the opportunities which change can bring.

Mark also shared his 4R framework for change which covers:

- Reflect
- Review
- Reconnect
- Reboot

Students had great fun doing the 'zoom' exercise which highlighted the need for effective communication during organisational transformations 🤗.

Saadat Saeed Onno Bouwmeester



Durham University Business School



Masters International Study Opportunities

International Study Tours

- In today's business environment, students need the ability to operate in a highly competitive international environment.
- Offered across our Masters in Finance and Masters in Management programmes.
- Students travel to an international destination, visiting companies and prestigious institutions, working on a consulting project.
- Allows the opportunity to learn about local business culture and gain a critical awareness of the complexities involved in operating on the global stage.
- Business Analytics students attend the 'International Field Trip'.



Why the Consultancy Pathway?

- If you want to start a career as consultant (ca. 40% of management students do so):
 - You strengthen your CV for this career with the pathway
 - You know where and how to apply (Big 3, Big 4, boutique, internal, etc.)
 - You know what to expect on the job (WLB, tech. developments like AI, SDG's, growing diversity)
 - You develop ethical awareness (public opinion, business jokes, cases)
 - You develop key skills, as demanded in consulting jobs
 - Analytical skills (critical essay writing, research methods, interview skills)
 - Presentation skills (pitching, debating, reporting like a consultant)
 - Social skills (group work, performing consultant roles)
 - Entrepreneurial skills (acquisition tasks such as finding interview partners and projects)
- You will have fun tasks and assignments – **learning by doing**
 - **Optional:** consulting pathway field trip to Amsterdam
 - You do a consultancy case study on a topic of your interest (careers, AI, ethics...)
- Do you have further questions?

Thank you for joining us

durham.ac.uk/business/masters



Follow us



@dubusschool



@DUBusSchool



Durham University Business School



@DUBusSchool

