

### **Registration with a Doctor in Durham**

One of your top priorities is to register with doctors at a local medical practice so that you can access healthcare in Durham when you need it. This is especially important if you have an ongoing health condition or require repeat medication and for support with vaccinations and health measures related to Covid-19.

Your choice of medical practice will be determined by the area in which you live. The practice area of the Claypath and University Medical Group covers the University and the Colleges, and the majority of our students register with this practice:

#### **Claypath and University Medical Group**

University Health Centre, Green Lane, Old Elvet, Durham DH1 3JX

Tel: 0191 386 5081

Website: <http://www.durhamstudenthealth.co.uk/>

All new students can register with the **Claypath and University Medical Group** at [www.campusdoctor.co.uk/durham](http://www.campusdoctor.co.uk/durham) via a quick and easy to complete online form. The form uses drop down lists for student accommodation with the Colleges or private providers; if you have other accommodation, please enter your address in Durham. The form also asks whether you have an NHS number or not. You will only have a number if you have previously registered with a doctor in the UK, but you can still complete this online registration if you are an overseas student and don't already have an NHS number.

**Registering early** ensures that your new medical practice knows about you, can set you up on their systems and be aware of any current medical issues. It also means that any UK NHS notes get transferred early to the practice so they have a full knowledge of your medical history, will be able to take over the prescribing of any medication and understand any further immunisations you might need.

There are other medical practices in Durham that you may want to consider. A full list with locations can be found at: <https://countydurhamccg.nhs.uk/about-us/primary-care-member-practices/> Registration with practices other than the Claypath and University Medical Group is not available online.

Starting at Durham can be a busy and exciting time so, if you have a long-term medical condition and require medication, we recommend bringing sufficient medicines to last for the first couple of months of your time here.

### **Covid-19 (including Vaccination)**

The coronavirus (Covid-19) vaccines are safe and effective, they give you and others the best protection against Covid-19. We encourage all students to book their Covid-19 vaccinations as soon as possible.

The university statement and FAQs on Covid-19 are available at [dur.ac.uk/coronavirus/applicants](http://dur.ac.uk/coronavirus/applicants)

### **UK Students**

The UK Government vaccination programme offered all adults the first dose of a Covid-19 vaccination by the end of July 2021. Students who live in the UK are encouraged to have both doses of the Covid-19 vaccination before coming to Durham to start their studies.

If you have not been able to receive a second Covid-19 vaccination prior to arriving at the University, it is essential that you contact the medical practice that you have registered with in Durham to arrange this vaccination as we envision a high demand.

### ***International Students***

What you must do when you arrive in England from abroad depends on where you have been in the 10 days before you arrive, and whether you are fully vaccinated.

For more information, please visit the [UK Border Control website](#).

Once living in the UK and registered with a doctor at a medical centre, international students will be able to access the Covid-19 vaccination free of charge.

For more information, please visit the [British Council website](#).

### **Other Vaccinations**

Before coming to University we also recommend you ensure that your vaccinations for other infections are up to date. Please consult your current doctor to check if you have had the vaccines below and, if you have not, arrange to receive them **before** coming to Durham.

If you are unable to receive any of these vaccinations before you arrive in Durham, you should make an early appointment with your chosen medical practice on arrival.

### ***Meningitis (MenACWY)***

It is particularly important that all students have had a vaccination to prevent meningitis. The MenACWY vaccine is highly effective in preventing illness caused by the four meningococcal strains, including the Men W strain.

For further information on meningitis please visit the following website:  
<http://www.nhs.uk/Conditions/vaccinations/Pages/men-acwy-vaccine.aspx>

### ***Measles, Mumps and Rubella (MMR)***

In recent years there has been an increase in cases of measles and mumps in students at universities. We advise you to consult with your current doctor to check that you have had the necessary two doses of the combined MMR (measles, mumps and rubella) vaccination and receive any MMR vaccinations required before you come to Durham.

For further information on measles, mumps and rubella and the MMR vaccination please see:

<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

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