



GREY MCR

Tabitha Trigger - MCR President

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Dear Post-graduates,

Congratulations on getting into Durham!

My name is Tabby and I am the outgoing Middle Common Room (MCR) President, having been in the role from last October. The MCR is a community of post-graduates, as well as mature students, 4th year undergraduates and those on placements or years abroad. It is a really welcoming and supportive community, and a great way to make friends as you arrive in Durham as the MCR runs social events throughout the year, from an Inter-MCR formal to movie nights, bar crawls and day trips out of Durham!

The MCR is also part of the Grey Junior Common Room, an independent charity that represents all Grey Students (whether undergraduate or postgraduate). The JCR organises a much larger calendar of events throughout the year, including Winter and Summer (Phoenix) Ball, Freshers' Week events, Grey Day and much more! Joining the MCR will therefore give you access to everything the JCR offers, including free membership of all sports and societies and discounted prices for things like events and a Grey gym membership! Members of the MCR also get access to our common room. Found in the North Elvet block, the Phoenix Room has a much cosier feel than the JCR, with a flat-screen television and surround sound system, a DVD player, Xbox 360 and live TV. MCR membership also entitles individuals to use JCR services, such as sports and societies, vote in JCR elections and purchase event tickets at JCR member prices.

Grey is a wonderful college with a really close sense of community. There are so many opportunities to take advantage of during your studies, as you can join a vast number of societies (or maybe set up your own), get involved on an events committee or in an executive role (helping to plan and run college-wide events) and enjoy hanging out in the college bar (The Greyhound), which was recently renovated! College life has been such a huge part of my university experience and I know I've personally got a lot out of all the amazing things Grey has to offer - so I hope you all get involved!

As the new academic year begins, all of the MCR exec roles will be coming up for re-election. It would be amazing to see you, the new post-graduate community, continue the MCR's work and amazing community. Our executive committee consists of the President, Vice President, Treasurer, Secretary, Social Sec, Welfare Officer, Ernest Place Representative and International Representative - so there are lots of roles you could run for when elections start in October!

There will be a bit more information sent out over the next few weeks regarding your Freshers' Week at Grey so keep an eye on your emails! For now, make sure you follow our Instagram page (@greycollegemcr) as this is where we'll be posting information about MCR activities during your first week!

I would also highly recommend you make a profile on facebook if you don't already have one. Most of Durham life is organised through facebook, including sports and societies, and social events, so it is really useful to have! Finally, for updates about the JCR, keep an eye on the official JCR Instagram pages (@greycollegejcr and @grey_sabbs), as well as the Freshers' Week page (@officialgreyfreshers2025) to learn about college-wide events!

If you have any questions, please just drop me an email at greymcr.president@durham.ac.uk or direct message me on @greycollegemcr and I'll do what I can to help. I also strongly advise you to access your Durham University email account as soon as you can and check it regularly, as there will be important information emailed to you about enrolment, arrivals and your modules.

I hope you are all excited about starting in September, and that you have an amazing year!

Yours sincerely,

A handwritten signature in black ink, reading 'Tabitha', with a horizontal line underneath. The signature is positioned to the left of a vertical line.

Tabitha Trigger
MCR President