

Spirituality and Discipleship (TMM2591)

Module Level:	5
Module Credit Value:	20
Pre-requisites:	None
Co-requisites:	None
Excluded Combination of Modules:	TMM1521 Spirituality and Discipleship TMM1551 Growing Together in Christ: Worship and Spirituality
Aims:	<p>To enable students to explore and experience different approaches to the Christian life of discipleship and prayer, their scriptural sources and historical and ecclesial contexts, including relevant approaches to these issues from the human sciences.</p> <p>To enable students to use this knowledge and understanding to reflect upon and develop their personal life of prayer through greater self-awareness, practical activities and disciplines.</p> <p>To equip students with a spirituality that sustains and energises their discipleship and ministry / professional practice and nourishes that of others.</p>
Content:	<p>Investigation of practices of private and corporate prayer in relation to their historical, ecclesial and contemporary contexts, with reference to specific examples or figures.</p> <p>Scriptural sources for models of Christian prayer, covering themes of praise, intercession and lament.</p> <p>Doctrinal aspects of prayer and spirituality, such as the Trinitarian character of Christian prayer and role of the Holy Spirit in the life of the believer and of the church.</p> <p>Skills and tools for reading the spirituality of a church or community and for nurturing the discipleship and spirituality of others, individually and corporately.</p> <p>Practical work in the development of self-understanding and spiritual discernment and practice, through, for example, the formation or development of a 'rule of life', the keeping of a prayer diary, and the writing of a reflection on these areas.</p>

Learning Outcomes: By the end of this module students will be able to:

Subject Knowledge [SSK 3]

Describe, analyse and offer specific examples from historical and contemporary figures of spirituality grounded in Scripture and tradition.

Explain and evaluate different understandings of and approaches to personal and corporate prayer within Christian spirituality, engaging with questions to which they give rise.

Discuss diverse ways in which a range of personal and corporate practices of spirituality might contribute to the growth of the human person in Christ.

Subject Skills [SSS 3]

Reflect theologically on one's personal spiritual development and practice of prayer as a way of participating in the body of Christ and the mission of God.

Help others to reflect theologically on their spiritual development and practice of prayer as a way of participating in the body of Christ and the mission of God.

Key Skills [KS 1, 2, 3, 4]

Identify, gather and evaluate source materials for a range of purposes.

Undertake a critical analysis of information and arguments, communicating the findings effectively, showing critical awareness of their own beliefs, commitments and prejudices.

Take responsibility for a task that involves independent inquiry; the management of time, resources and use of IT; meeting deadlines, evaluating the task and learning from it.

Plan their own personal and professional development.

Modes of Teaching and Learning Teaching methods to be specified by each TEI, using the 'Guidelines for Modes of Teaching and Learning'.

Learning Hours Learning hours to be specified by each TEI using the 'Guidelines for Learning Hours'.

Formative Assessment Formative assessment to be specified by each TEI in line with the published guidelines on formative assessment.

Summative Assessment Summative assessment to be specified by each TEI using the published guidance on assessment patterns for undergraduate modules.

Indicative Reading Indicative reading to be specified by each TEI in line with the published guidelines on creating bibliographies for undergraduate modules.