

## Reflective Practice: Relationships and Emotional Management in Ministry (TMM3711)

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Module Level:	6
Module Credit Value:	20
Pre-requisites:	None
Co-requisites:	None
Excluded Combination of Modules:	None

**Aims:**

To support students in their ministerial development by engaging with well-informed and structured forms of theological reflection on the impact of ministry on the whole of life, drawing on understandings of human flourishing to develop sustainable patterns of life and work.

To equip students with knowledge and understanding of key models, frameworks and insights (drawn both from Christian Scripture and tradition, and from relevant non-theological disciplines) relevant to the formation of healthy relationships and emotional management in a ministerial/professional/vocational context.

To enable students to develop sound and informed good practice in forming and sustaining healthy relationships in their ministerial/professional/vocational context, including application of an informed theological understanding of principles of reconciliation and conflict resolution.

To enable students to understand the emotional and psychological dynamics of the exercise of power in ministry, including in relation to best practice of working with children and vulnerable adults.

**Content:**

Approaches to relationships and emotional management from a range of sources within Christian Scripture and tradition.

Principles for building and sustaining sound relationships in various practices and contexts of Christian ministry. This will include research and best practice in the resolution of conflict.

Engagement with insights into personality, character and relationships drawn from appropriate non-theological disciplines (for example, sociology, anthropology, psychology) which inform and enhance students' understanding and ministerial practice.

Issues relating to the particular stress factors of Christian ministry and exploration of resources to support and develop their own self-care and that of others.

Application of the learning and knowledge acquired in the module to their own ministerial context and practice through structured theological reflection; reflection on their strengths, weaknesses, gifts and vulnerabilities in response to their context of ministry, and planning of appropriate responses.

Learning Outcomes: By the end of this module students will be able to:

**Subject Knowledge [BA SSK 3] [Graduate Cert SSK 2/ Graduate Dip SSK 1, 2]**

Describe and analyse a variety of understandings of personality, character and relationship from across the breadth of Christian tradition, critically evaluating their appropriateness for the context and practice of Christian ministry, recognising the range, complexity and unpredictability of issues.

Describe and analyse insights from appropriate non-theological disciplines which inform and enhance their understanding and practice in forming and sustaining healthy relationships and emotional management in ministry.

Research and give a coherent and detailed account of how personality and character affects their own ministerial practice and relationships.

**Subject Skills [BA SSS 2, 3] [Graduate Cert / Dip SSS 2]**

Consolidate and extend competences and modes of enquiry relating to personality, character and relationships to discern helpful and unhelpful dynamics in the context of ministry, and to develop principles, strategies and practices to nurture and support the formation of positive and constructive relationships.

Extend and apply their knowledge and understanding of personality, character and relationships to their self-understanding, including a mature appraisal of their own strengths, weaknesses and vulnerabilities in ministry. Establish principles and practices which will address any issues arising from these.

Extend and apply their knowledge to the appropriate care of self and of others through the development of sustainable patterns of life and work, and effective support networks in the context of ministry.

**Key skills [BA / Graduate Dip KS 1, 2, 4] [Graduate Cert KS 1, 2, 3]**

Identify, gather, analyse and evaluate textual sources materials, including material from primary sources and scholarly research, for a range of purposes, and communicate their findings with clarity and fairness.

Critically evaluate ideas, arguments and assumptions, using them to communicate a coherent response with sensitivity and respect.

Take responsibility for their own personal and professional development.

Modes of Teaching and Learning: Teaching methods to be specified by each TEI, using the 'Guidelines for Modes of Teaching and Learning'.

Learning Hours: Learning hours to be specified by each TEI using the 'Guidelines for Learning Hours'.

Formative Assessment: Formative assessment to be specified by each TEI in line with the published guidelines on formative assessment.

Summative  
Assessment:

Summative assessment to be specified by each TEI using the published guidance on assessment patterns for undergraduate modules.

Indicative Reading:

Indicative reading to be specified by each TEI in line with the published guidelines on creating bibliographies for undergraduate modules.