



**Join us on Wednesday 23rd June
anytime between 10 am 1pm**

On Wednesday 23rd June, Durham University are holding a Community Picnic by the riverside on The Racecourse playing fields, in the centre of Durham.

They are piloting a befriending/buddying scheme between their students and members of the local Parkinson's groups. The aim of the day is for members to be introduced to the students and promote the launch of 'Parkinson's Pals'.

Initially, students will join local group meetings and exercise classes at the Newton Hall Community Centre. It is hoped that the scheme will expand to support our members individually and further information will be given about this as the scheme develops.

There will be hot food on sale from local eateries Tango and Phi Pie but food purchased from these cannot be taken into the marquee. You are, however, welcome to bring along your own picnic. Complimentary hot and cold drinks and cakes will be provided on the day.

There are two main areas of parking. These are both on Green Lane at the Cricket Club and also Durham Rugby Club. Students will be there to greet you and show you to appropriate parking spaces to suit your needs, or alternatively a suitable drop-off point. They will accompany you to the marquee. Please note parking is marked on the map opposite with a blue dot.

Disabled toilet facilities are available adjacent to the marquee and will be clearly signposted.

Directions: Please be aware that Elvet bridge in the centre of Durham will still be closed on the day of this event. The post-code for The Rugby Club on Green Lane is DH1 3JU.

The best way is past the University Campus on Stockton Road and take the second exit at the roundabout onto Whinney Hill (see map overleaf).

Any queries, please contact Paul Chazot

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Or

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Music will be provided by Kinky Jeff and the Swingers who are a Durham University Swing Band