

1. Personalised Care Workforce e-bulletin

See the Personalised Care E-bulletin from our Workforce Lead:

<https://www.thecllc.org.uk/personalised-care-training-and-development-news-february-2023/>

Lots of information on upcoming events, personal health budgets (PHBs) and Personalised Care Institute (PCI) training.

2. Introduction to the Peer Leadership Development Programme for Carers

Please see the link below for information on a forthcoming webinar hosted by VONNE:

[Carers introduction to Peer Leadership Development Programme \(PLDP\) Webinar | Voluntary Organisations' Network North East \(vonne.org.uk\)](https://vonne.org.uk/carers-introduction-to-peer-leadership-development-programme-pldp-webinar-voluntary-organisations-network-north-east)

3. National PHB Email Update February 2023

Delivery plan for recovering urgent and emergency care services

[The joint NHS and DHSC Delivery Plan for Recovering Urgent and Emergency Care Services](#), a key commitment in the government's Autumn Statement has been published.

The actions set out in the plan provide the opportunity to take a cross-system approach to improving patient care, ensuring patients are able to access the right care, in the right place, in a timely way. One-off PHBs are included within the actions around discharge as shown in the excerpt below:

‘NHS England will continue to support implementation of the best practice interventions set out in the ‘100-day discharge challenge’ across NHS settings. We have seen good progress so far, with the number of hospital process-related delays reducing by 25% since this approach was rolled out. This has now been extended to community and mental health settings.

One-off personal health budgets of up to £200 (£400 by exception) were developed as part of the NHS's COVID response to allow people to pay for goods or services that support timely and safe discharge and cannot be provided through existing commissioned services. Local evaluations have shown benefits to bed days saved and patient outcomes. All acute and community trusts should ensure that arrangements are in place, in line with NHS national guidance, to support the use of one-off personal health budgets where appropriate.’

Personal health budgets experience survey

NHS England has commissioned Skills for Care to host a national survey to collect information about people's experience of personal health budgets.

The survey can be completed by people who have a personal health budget or their carers. Taking part in the survey is optional and all information gathered will remain confidential and will only be used for the purposes of improving services.

The report published will be based on the combined responses from all people who completed the survey. This will enable NHS England to identify opportunities to improve and find out where people are having good experiences.

We would appreciate it if you could share the link to the survey with people in your area who have a personal health budget, or their carers. Please find a template email [here](#) that may be helpful for this.

- [Personal health budgets experience survey](#)

The closing date for the survey is **Monday 27 February 2023**.

If you have any queries about this survey, please email:
england.personalhealthbudgets@nhs.net

Children, young people (CYP) and young adults - Personal health budgets (PHBs)

supporting transition

14th March – 10:00-11:00am

This webinar will focus on presentations from 4 sites delivering PHBs for children and young people. Sites will describe how and why they started their PHB offers and the impact these are having for CYP, young adults and their families, in conjunction with wider care & support provided.

The webinar will have a particular focus on how PHBs can:

- improve quality
- improve people's experience of local services
- address health inequalities
- build confidence and self-agency of staff & budget holders
- improve community partnerships
- support people to increase supported self-management and better utilise community settings

Sign up [here](#) or contact the team england.personalhealthbudgets@nhs.net for further information.

Improving integration between mental health and primary care with ARRS roles

A webinar is being hosted jointly by Primary Care and CYPMH teams at NHSE with a focus on improving integration between mental health and primary care on **Wednesday 22nd February** from 5.00pm-6.30pm and you can sign up [here](#)

The webinar will show case how mental health practitioners and social prescribers can help to bridge the gap between primary care and mental health services.

Agenda

- Introduction by President of RCGP Clare Gerada
- Policy overview (incl. alignment with the Fuller Stocktake vision)
- Case study - Adult and Older Adult Mental Health Practitioners
- Case study - CYP Mental Health Practitioners and Personalised Care roles
- Q&A

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The team will be available to answer your questions during a Q&A.

4. Health Passport – now available for people with poor mental health and a long term condition

The new digital Passport to my Health and Well-being has launched and can be found here: <https://www.signpostnenc.co.uk/pass-port-to-my-health>

There are new Comms resources including a Patient leaflet to reflect the fact that the Passport can now be offered to people living with poor mental health and a long term condition. See below for a copy of the leaflet and the latest edition of the Information Update. Please circulate to your colleagues / teams and networks:



LTC Passport
Leaflet.pdf



Passport to my
Health and Well-bei

5. Making a Difference in Cardiovascular Disease event



CVD Poster for
Email attachments.p

The NHS Lived Experience team are holding an event on 8 March 2023 from 1pm – 2pm called Making a Difference in Cardiovascular Disease. We attach a poster with information about the event and it would be wonderful if you could also share it with any contacts who may be interested in attending.

At the event, you will hear from people with lived experience of cardiovascular disease and from people working within the health and care system, who, together, are striving to promote ways to support people living with cardiovascular disease or those who may be at risk of developing it. Attendees will also hear about how to become a Peer Leader through our free [Peer Leadership Development Programme](#), so that they can build their own knowledge, skills and confidence to manage their own long term health condition, to support others or to shape and influence how services are delivered. We will also be talking about our unique model of peer support in cardiovascular disease, which is currently being tested in four sites across the country.

Our session will take place online via MS Teams. To register, please click here: <https://forms.office.com/e/jd3bXXkwWX> or scan below QR code- do please share with your contacts / networks who have an interest in cardiovascular disease and peer leadership.



We look forward to seeing you there.

6. NEY Personalised Care Workforce Roundtable being held on Wednesday 8th March 2023 14.00-15.30 via TEAMS



Roundtable flyer
(1).pptx

North East & Yorkshire Personalised Care team would like to invite you to an online Roundtable in which we are inviting representatives from across the North East & Yorkshire region to learn more about supporting and developing the workforce for Personalised Care. Also, please find attached an event Flyer so that you can share further with colleagues and wider workforce networks in your systems.

Who should attend?

Heads of Workforce and OD; Transformation Leads with focus on Workforce; Personalised Care Leads; Training Hubs; Heads of Service Delivery; People with lived experience. It may also be of interest to other colleagues with the values, passion and commitment to drive forward personalised care in their local environment and neighbourhood.

What will this session cover?

- Understand the current support offer for workforce embedding personalised care across NEY
- Introduction to Leadership for Personalised Care and what it means for the workforce.
- Presentation on Fuller Stocktake and Personalised Care roles
- Understanding the gaps and opportunities to linking in with local systems across the region
- Opportunities to share information around the Personalised Care Institute and how we can build peoples skills and confidence to work in co-productive ways.

How is it going to work?

The NEY Personalised Care Workforce Roundtable will have a themed discussion each quarter thus supporting regions to implement Personalised Care, taking place via TEAMS.

The first meeting will be a focused session on developing and supporting the workforce for Personalised Care, Fuller Stocktake Implementation and what regions are doing in relation to Integrated neighbourhood teams and the Personalised Care roles.

How do I attend:

Please click on this link and register here to attend this event. [NEY Personalised Care Workforce Roundtable | NHS England Events](#)

7. Participants required: Use and Effectiveness of Digital Mental Health Interventions

POSTER_Digital
Support Interview F

Please could you share the attached poster with your networks to support a mental health project led by Lucia and Darren and the Northumbria University team investigating the use and effectiveness of Digital Mental Health Interventions. It is a request for people to take part in interviews.

If you have any questions, please contact Lucia Rehackova at lucia.rehackova@northumbria.ac.uk and Darren Flynn at darren.flynn@northumbria.ac.uk